



# Usit Protocols: Students

## **Before you get into the client's house:**

- Take your temperature with a thermometer. You must have a normal body temperature. If you have a fever, you need to cancel the gig and will not be penalized for the cancellation.
- If you have been traveling recently, do not babysit for 14 days from when you have arrived back to your hometown.
- Wash your hands for 20 seconds.
- Bring disinfectant wipes to wipe down any counters, door knobs, etc. before and after you touch them.
- If you feel any sickness - sneezing, coughing, have any fever or symptoms - you should cancel the babysitting job and will not be charged for the cancellation.
- We recommend wearing a mask for everyone's safety (preferably N95).

## **While you are in the house:**

- Wash your hands before and after coming into contact with the kids or objects in the house.
- Ask the parents if anyone including them has any symptoms or is sick. You have the right to cancel with no penalty and leave if you were not made aware of the sickness before you arrive to the house.
- Clean your hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol, or wash your hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.

## **Other Notes:**

- After you babysit for one family, we advise you to not take any gigs with a different family for at least a week for safety purposes.
- You may be asked by a family to only babysit for them for a certain period of time and have the right to accept or deny that request.
- On your profile, you must indicate:
  - Your most recent temperature.
  - Any roommate or family travel outside the US or any roommate or family who are showing symptoms.
  - The number of parents you are babysitting per week. We recommend to limit to one family per week.
  - If you have been in contact with anyone with coronavirus in the last 14 days.
  - If you have recently traveled outside of Georgia or the U.S.

And remember, stay safe and cautious everyone!

Best,

Ifrah Khan  
CEO, Founder of Usit

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# Usit Protocols: Parents

## **Before your sitter arrives:**

- Take the temperature of yourself, your children and any family members that will be in contact with the sitter before she/he arrives.
- If you or anyone in your family display a temperature that indicates a fever, you must cancel the babysitting job for the safety of the sitter and those around you.
- If you or anyone in your family who will be in contact with the sitter or has come in contact with a member of your family who will be in contact with the sitter, please indicate this on your job's description. If you do not indicate sickness or exposure when you or a member of your family is sick, the sitter has a right to cancel with no penalty if you or anyone in the household is sick or displays symptoms.
- If you have been traveling recently, do not request a babysitter for 14 days from when you have arrived back to your home.
- Wash your hands before you come into contact with the sitter.
- Wash the hands of the child(ren) before the sitter arrives.
- Bring disinfectant wipes and wipe down any counters, door knobs, etc. before and after you touch them before the sitter arrives.
- If you or anyone in your family feel any sickness - sneezing, coughing, have any fever, or symptoms - you should cancel the babysitting job and will not be charged for the cancellation.
- We recommend wearing a mask for everyone's safety (preferably N95).

## **After the sitter arrives:**

- Please refrain from any physical greeting with the sitter. Refrain from shaking hands/hugging/etc.
- You can view our sitter protocols and ask the following questions for your own comfort:
  - Did you take your temperature before you arrived and what was it? (Sitters must take their temperature before arriving to the household and must have a normal body temperature).
  - Did you wash your hands for 20 seconds before arriving?
  - Did you bring disinfectant wipes?
  - Are you experiencing any symptoms? Your family? Anyone you've been in contact with?
  - Have you travelled in the last 14 days? Has your roommate or family traveled in the last 14 days?
- Clean your hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol, or wash your hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.

## **Other Notes:**

- You may ask the sitter to only babysit for your family for a certain period of time and the sitters have the right to accept or deny that request.
- Please indicate in your job description:
  - if you have been traveling, if your family member has been traveling, or if anyone you've been in contact with has been traveling recently.
  - If you or anyone you have been in contact with is experiencing symptoms or has been diagnosed with coronavirus.

And remember, stay safe and cautious everyone!

Best,

Ifrah Khan  
CEO, Founder of Usit

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